

Another Happy LASIK Patient

By Sandra Miller

Anabel Barbosa of San Diego, California had her LASIK surgery performed by Dr. Roberto Dalli in Guadalajara, Mexico in February, 2008 and I followed up with her to hear about her experience.



Anabel squinting prior to LASIK

HTG: Did you check out LASIK options in the US before you went to Mexico?

Anabel: No, although I have always wanted to get it done I never checked any options in the US prior to my surgery in Mexico.

HTG: A lot of people would be nervous about health care somewhere outside the U.S. What did you do to get comfortable with the idea of going to Mexico to have this surgery?

Anabel: I never thought about having any surgery outside the US. before, but I knew someone who went to this doctor for the same procedure using Health Travel Guides, and he was very happy with the results. And I was very comfortable once I was there- the doctors spoke perfect English.

HTG: Was the Mexico facility as good as one in the U.S.?

Anabel: The hospital is very modern and centrally located. All their equipment is new and high tech. After the surgery I heard from people I met in Guadalajara that this hospital was the best in the City.

HTG: What about the doctor and staff – were they as professional as you expected?

Anabel: Our local health travel guide picked us up at the hotel the day of the procedure(there was two of us)and took us to Dr. Dalli's own ophthalmology clinic where we had a pre-examination. Our guide then took us to the hospital shortly after the exam. The staff was very friendly and efficient. I felt very comfortable around all staff and the doctor. Dr. Dalli has a great personality, and really made me feel at ease.

HTG: Was it difficult to set up the trip with all those details – the hotel, air and procedure and consultations?

Anabel: Not at all. With the help of our guide everything went great, I didn't have to worry about a thing. He was very knowledgeable of the city, the doctor and the procedure so that was very comforting.

HTG: Was there anything surprising – either good or bad – about the experience?

Anabel: Everything went very smoothly. The procedure lasted about 15 min, it was a very intense procedure but very quick. Before and after the surgery they have you sit down on this cozy, fluffy yellow recliner that was so comfortable, I wish I had one at home. =)

HTG: How long was your recovery time? How soon after the procedure did you fly home?

Anabel: After the surgery my eyes had to be covered for 5 or 6 hours. I just rested and later that evening our guide took us out to dinner to celebrate our new pair of eyes. My eyes were still dilated that night but the next day my vision was PERFECT!

HTG: Have you had any problems since you came back to the U.S?

Anabel: Absolutely no problems... I am so happy I can see perfectly w/o any contacts or glasses.

HTG: Would you do it again?

Anabel: I would definitely do it again! I would definitely recommend this LASIK package to anyone in the US and Mexico.

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